

Preschool

Small Group

- Week 1 -

Need to Know:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like Joseph! (hands on heart)

Bible Story:

Joseph Forgives His Brothers
Genesis 37, 39-45



Get Their Attention! (5 min)

INTRODUCE yourself and the series using the Series Overview.

EXPLAIN that we are all going to pretend to be superheroes today!

PASS the **Superhero Glasses** to a child. **GIVE** the child clues to help him/her find another person in the group. For example:

Super (child's name), can you find a superhero with (sandals/a hair bow/a dog on their shirt)?

Have the child **GIVE** the **Superhero Glasses** to the "superhero" they found.

Continue until all kids have had a turn to wear the superhero glasses, then **SAY**:

You are all great superheroes! Today we're going to learn about a real superhero from the Bible!

Series Overview:

We are jumping into God's Super Book, the Bible, to see how we can be like the heroes we read about.

Materials:

- * Superhero Glasses
- * Bible Story Picture Cards
- * Treats
- * Face Cards
- * Sticky Hand
- * Philip Picture
- * Hand Sanitizer
- * Snacks
- * Coloring Sheets
- * Crayons

Make it Matter (15 min)

TELL kids that we can learn how to be heroes in God's Super Book, the Bible!

SHOW & READ **Bible Story Picture Cards** (Joseph Saves His Family) to the group.

ASK & SAY the following to review the story. Give kids a **treat** when they answer!

1. **What did Joseph's brothers do to him when they were mad?** (His brothers sold him and sent him far away)
2. **How do you think that made Joseph feel?** (Mad/sad)
3. **Even though Joseph felt mad/sad, did he stay mad or did he become a helper?** (He became a helper) **Who did Joseph help?** (King Pharaoh)
4. **What did Joseph save up to help everyone in the land?** (Food)
5. **Did Joseph forgive his brothers when they asked for food?** (Yes! He forgave them & gave them LOTS of food!)

God gave Joseph the power to forgive his brothers, even when they hurt him. We can be like Joseph and forgive others, too! Let's say this together:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like Joseph! (hands on heart)

Application Summary:

Kids will be reminded that God gives us the power to forgive others, even when they are hurt us or are not nice to us.

Remember Verse:

"I can do
(thumbs to chest)

all things
(spread hands up and around)

through Christ,
(point up)

who gives me strength."
(show muscles)

Philippians 4:13
(hold up four fingers)

Filler:

- * Play "I Spy" using the **Superhero Glasses**
- * **GO Team Says!** (Play like Simon Says) Kids can stand or sit to play this game. Leader tells kids motions to do, but kids only do motions if "GO Team Says"!
- * Allow kids to **draw themselves as a superhero** on the back of their coloring sheet.

APPLICATION GAME: "Sticking to Forgiveness"

1. Lay **Face Cards** in center of group, faces down.
2. Allow kids to take turns using the **sticky hand** to grab a **Face Card**.
3. Have the child give you the **Face Card**.
4. Show the face on the card and read the situation aloud.
5. Allow the child who grabbed the card to respond, then have the entire group say the "I forgive" statement together.
6. Play until every child has had at least one turn, then say the following:

God gives us all the super power to (wiggle sticky hand) **STICK to forgiving!**
We can be a hero who forgives, just like Joseph!

Say this with me:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like Joseph! (hands on heart)

Wrap It Up (10 min)

LARGE GROUP REVIEW (Ask the following questions):

1. **Who did we meet in the Superhero Station today?** (Super G, Super O & Vinny the Villain)
2. (Show **Philip Picture**) **What super-duper problem did Philip have?** (Brother hit him with a ball)
3. **What did Vinny the Villain want Philip to do?** (Stay mad at his brother forever) **What did the Super Book say Philip should do?** (Forgive his brother like Joseph did!)

REMEMBER VERSE: Say and do the motions together several times.

PRAY with your group, having them repeat the following after you in short phrases.

Dear God, thank you for giving me the power to forgive others! Thank you for my snack. I love you! In Jesus' name I pray, amen!

SANITIZE hands & **PASS OUT snacks**.

PASS OUT coloring sheets & crayons. Use this time to get to know your group by asking them questions like these:

Did you have fun being a superhero today? What was your favorite part?
Have you ever said you were sorry to someone? Did they forgive you? How did that make you feel?

STAY in Small Group as parents arrive. Use "Filler" activities on left if needed.