

Preschool

Small Group

- Week 2 -

Need to Know:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like Deborah! (punch up)

Bible Story:

Deborah Leads the Way
Judges 4



Get Their Attention! (5 min)

INTRODUCE yourself and the series using the **Series Overview**.

TELL kids that we're pretending to be superheroes on the GO Team! **ASK** each child to share his/her superhero name (Ex: Super Jake), then give him/her a **Super Duck**.

EXPLAIN how to play "Follow the Super Duck Leader":

1. **Everybody will have a turn to be the Super Leader.**
2. **When it's your turn, you will get to do THREE things with your Super Duck—like hold it up high, sit it on your head, make it fly, or anything you want!**
3. **The rest of us will follow you and do the same things with our ducks!**

PLAY until all kids have had a turn to be the leader (help kids come up with different things to do with their **super duck** if needed).

THANK kids for being leaders, and tell them they did a great job following the leader!

TELL kids that today we will learn about a hero from the Bible who was a great leader!

Make it Matter (15 min)

TELL kids that we can learn how to be heroes in God's Super Book, the Bible!

SHOW & READ p.136-139 from *The Beginner's Bible* ("Deborah Leads the Way")

ASK & SAY the following to review the story. Give kids a **treat** when they answer!

1. **Did a bad king or a good king rule over the Israelites?** (Bad king)
2. **Who did God send to help the Israelites defeat the bad king?** (Deborah)
3. **Did Deborah love God or disobey God?** (Love God)
4. **When Barak was scared, what did Deborah do?** (She told him she would go with him, she showed him what to do, helped them win the battle)

This made Deborah a leader! She went first and showed everyone how to do what God wanted them to do.

Being a leader made Deborah a superhero! You can be a hero like Deborah, too! Say this with me:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like Deborah! (punch up)

Series Overview:

We are jumping into God's Super Book, the Bible, to see how we can be like the heroes we read about.

Materials:

- * **Super Ducks**
- * **The Beginner's Bible**
- * **Treats**
- * **Hero Cards**
- * **Color Sticks in Cup**
- * **Lucy Picture**
- * **Hand Sanitizer**
- * **Snacks**
- * **Coloring Sheets**
- * **Crayons**

Application Summary:

Kids will see how they can be leaders in different situations—going first and showing others how to do what is right!

Remember Verse:

"I can do
(thumbs to chest)

all things
(spread hands up and around)

through Christ,
(point up)

who gives me strength."
(show muscles)

Philippians 4:13
(hold up four fingers)

Filler:

- * Play **"Follow the Super Duck Leader"** again
- * **GO Team Says!** (Play like Simon Says) Kids can stand or sit to play this game. Leader tells kids motions to do, but kids only do motions if "GO Team Says"!

APPLICATION GAME: "Color Match Heroes"

1. Lay **Hero Cards** in center of group, picture side up.
2. Have kids take turns choosing a **Color Stick** from **Cup** with their eyes closed.
3. Help kids find the **Hero Card** that matches the color on the end of their **Color Sticks**.
4. Read the situation on the back of the **Hero Card** aloud to the group & allow kids to respond.
5. Play until every child has had at least one turn or all cards are read.
6. Say the following:

God gives us the power to be leaders, just like Deborah! Let's all say this together one more time:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like Deborah! (punch up)

Wrap It Up (10 min)

LARGE GROUP REVIEW (Ask the following questions):

Let's talk about what we saw in the Superhero Station today!

1. (Show **Lucy Picture**) **What was Lucy's super-duper problem?** (Lucy's friend is scared to go in to her room at church.)
2. **What did Vinny the Villain tell Lucy to do?** (Leave her scared friend at the door)
3. **How can Lucy be a hero, like Deborah?** (Hold her friend's hand and show her it is okay to go in the room)

REMEMBER VERSE: Say and do the motions together several times.

PRAY with your group, having them repeat the following after you in short phrases.

Dear God, please help me to be a leader! I want to show others how to do what is right! Thank you for my snack. I love you! In Jesus' name I pray, amen!

SANITIZE hands & **PASS OUT** snacks.

PASS OUT coloring sheets & crayons. Use this time to get to know your group by asking them questions like these:

Would you rather have the super power to fly or to be invisible?

How can you be a super LEADER at home/school/church? (Be the first to obey or help, show others how to follow instructions, go with someone who is scared)

STAY in Small Group as parents arrive. Use "Filler" activities on left if needed.