

Preschool

Small Group

- Week 5 -

Need to Know:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like David! (superhero pose)

Bible Story:

David and Goliath
1 Samuel 17:1-51



Get Their Attention! (5 min)

Series Overview:

We are jumping into God's Super Book, the Bible, to see how we can be like the heroes we read about.

INTRODUCE yourself and the series using the Series Overview.

PASS the **Bouncy Rock** around your group & ask each child the following:

What is your name?

Super (child's name), show us what you look like when you feel afraid!

AFTER everyone is introduced, **SAY** the following:

I'm so glad that all of you heroes are here today. We're going to have a super fun time learning what heroes do when they feel afraid!

Materials:

- * **Bouncy Rock**
- * **The Beginner's Bible**
- * **Treats**
- * **Mini Marshmallows**
- * **Goliath Picture**
- * **Rock Cards**
- * **Alex Picture**
- * **Hand Sanitizer**
- * **Snacks**
- * **Coloring Sheets**
- * **Crayons**

Make it Matter (15 min)

TELL kids that we can learn how to be heroes in God's Super Book, the Bible!

SHOW & READ p.173-180 from **The Beginner's Bible** ("David and Goliath").

ASK & SAY the following to review the story. Tell kids they'll get a **treat** in a few minutes if they listen and answer your questions.

1. **Who was yelling mean things at King Saul's army?** (A giant, Goliath)
2. **Were King Saul's soldiers afraid of Goliath or proud of him?** (Afraid)
3. **There was one person who wasn't afraid. What was his name?** (David)
4. **Why was David not afraid to fight Goliath?** (He knew God was with him)
5. **What happened when David let a stone fly from his sling?** (It hit Goliath's forehead and he fell to the ground)

David was not afraid because he knew God was with him! When we are afraid, we can remember that God is with us, too! That will make us heroes like David! Say this with me:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like David! (superhero pose)

TELL the kids they did a great job listening & **GIVE** each child FIVE **Mini Marshmallows**.

HOLD UP Goliath Picture. Have each kid say today's **Need to Know**, then throw ONE **marshmallow** at Goliath's head! Then kids can eat their remaining marshmallows!

Application Summary:

Kids will play a matching game to remind them that they do not have to be afraid because God is with them!

Remember Verse:

"I can do
(thumbs to chest)

all things
(spread hands up and around)

through Christ,
(point up)

who gives me strength."
(show muscles)

Philippians 4:13
(hold up four fingers)

Filler:

* **Pass the Rock:** Have kids pass the **Bouncy Rock** around the group as they each say the next word in the Remember Verse.

* **Where's the Rock?** Have kids close eyes while you hide the **rock** in one of your hands. Allow one child to guess. If the child guesses correctly, have him/her say today's Need to Know or do a fun motion (superhero pose, jump three times, etc).

APPLICATION GAME: "We Are Not Afraid!"

1. Lay **Rock Cards** in center of group, with rocks facing up.
2. Allow each child to turn over two cards.
 - a. If the cards do not match, turn cards back over, & let next child try.
 - b. If cards match, then ask:

Are you afraid of (picture)? (Allow child to respond)
Who can help you not be afraid? (God)

3. Continue until each child has had a turn or until all cards have been matched.
4. Say the following:

God can give us the super strength to NOT BE AFRAID! We can be a hero, like David, when we remember that God is always with us. Let's say this:

I Can (thumbs to chest)
Be A Hero (fists on hips)
Like David! (superhero pose)

Wrap It Up (10 min)

LARGE GROUP REVIEW (Ask the following questions):

1. (Show **Alex Picture**) **Was Alex excited or not so sure about going to the dentist?** (Alex was not so sure about going to the dentist)
2. **Why should Alex not be afraid to go to the dentist?** (Because God will be with him!)
3. **When we are afraid, how can we be a hero like Alex?** (Remember that God is with us and will give us the strength to NOT BE AFRAID)

REMEMBER VERSE: Say and do the motions together several times.

PRAY with your group, having them repeat the following after you in short phrases.

Dear God, thank you for always being with me. Please help me to not be afraid! Thank you for my snack. I love you! In Jesus' name I pray, amen!

SANITIZE hands & **PASS OUT** snacks.

PASS OUT coloring sheets & crayons. Use this time to get to know your group by asking them questions like these:

Tell me about a time when you were afraid.

Can you talk to God when you are afraid? What can you say? (I'm afraid, please help me, please protect me)

STAY in Small Group as parents arrive. Use "Filler" activities on left if needed.